



2024 Calendar - December 01 - 21



Physical



Social



Environmental



Financial



Spiritual



Intellectual



Emotional



Vocational

01 Sunday 2:00 PM Ping Pong/ Yard Ga... (CA) 7:00 PM Sunday Night Movie... (MR)	02 Monday 8:00 AM Let's Get Fit (CMA) 9:00 AM Power Up (CMA) 9:00 AM Splash Fit (TP) 10:00 AM Functionality and ... (CMA) 10:00 AM Floor Meditation a... (CRB) 10:00 AM Aqua Aerobics (TP) 10:30 AM Winter Christmas ... (AC) 11:00 AM Seated Strength (CMA) 2:00 PM Prime Time Tappers (CRB) 2:00 PM Healing After Loss... (S) 3:00 PM Resident Council M... (CA) 3:00 PM Mahjong (CR) 3:30 PM "Musical Memories"... (MLC) 4:00 PM Violin Recital wit... (CA) 7:00 PM Monday Night Movie... (MR)	03 Tuesday 9:00 AM Mind Muscle Motion (CMA) 10:00 AM Sewing For Others (AC) 10:00 AM Canasta! (CR) 10:00 AM Learning in Retire... (MR) 10:00 AM Balance and Core (CMA) 10:00 AM Aqua Barre (TP) 10:45 AM Learning in Retire... (MR) 11:00 AM Chair Yoga (CMA) 1:00 PM Independent Therap... (TP) 1:30 PM Flower Arranging (AC) 4:00 PM Thank You Tuesday ... (CA) 6:30 PM Furman Music Prese... (CD) 7:00 PM Tuesday Night Fore... (MR)	04 Wednesday 8:00 AM Let's Get Fit (CMA) 9:00 AM Shopping at Publix (CD) 9:00 AM Splash Fit (TP) 9:00 AM Power Up (CMA) 10:00 AM Functionality and ... (CMA) 10:00 AM Aqua Aerobics (TP) 10:00 AM Floor Meditation a... (CRB) 11:00 AM Seated Strength (CMA) 11:15 AM Trip to Flat Rock:... (CD) 1:00 PM Bible Study with J... (AC) 3:00 PM Mahjong (CR) 4:00 PM Hurricane Helene, ... (CA) 7:00 PM Wednesday Night Fo... (MR)	05 Thursday 9:00 AM Mind Muscle Motion (CMA) 9:00 AM Davis Audiology (AC) 10:00 AM Balance and Core (CMA) 10:00 AM Learning in Retire... (MR) 10:00 AM Aqua Barre (TP) 10:30 AM Dickens' Carolers ... (CRB) 10:45 AM Learning in Retire... (MR) 11:00 AM Chair Yoga (CMA) 1:00 PM Independent Therap... (TP) 1:30 PM Introductory Balle... (FC) 2:00 PM Sing Along (MLC) 3:30 PM Everyone Has A Sto... (CA)	06 Friday 8:00 AM Energize with a Wa... (CVL) 8:00 AM Let's Get Fit (CMA) 9:00 AM Power Up (CMA) 9:00 AM Splash Fit (TP) 10:00 AM Functionality and ... (CMA) 10:00 AM Aqua Aerobics (TP) 10:00 AM Floor Meditation a... (CRB) 11:00 AM Seated Strength (CMA) 1:30 PM Woodlands Stitchin... (AC) 3:00 PM 3rd Annual Chili C... (CA) 3:30 PM Happy Hour (CA) 7:00 PM Sarah Reese Lyric ... (CD) 7:00 PM Friday Night Movie... (MR)	07 Saturday 10:00 AM My Neighbor's Voic... (DR) 11:15 AM Furman Basketball ... (CD) 2:00 PM Ping Pong/ Yard Ga... (CA) 5:00 PM Furman Singers Car... (MLC) 6:00 PM Peace Center Prese... (CD) 7:00 PM Saturday Night Mov... (MR)
08 Sunday 2:00 PM Ping Pong/ Yard Ga... (CA) 5:00 PM Charles Dickens' D... (CD) 7:00 PM Furman Music Prese... (CD) 7:00 PM Sunday Night Movie... (MR) 7:00 PM Monday Night Movie... (MR)	09 Monday 8:00 AM Let's Get Fit (CMA) 9:00 AM Splash Fit (TP) 9:00 AM Power Up (CMA) 10:00 AM Floor Meditation a... (CRB) 10:00 AM Aqua Aerobics (TP) 10:00 AM Seated Strength (CMA) 2:00 PM Healing After Loss... (S) 2:00 PM Prime Time Tappers (CRB) 2:00 PM Tech Talk with Bil... (CA) 3:00 PM Mahjong (CR) 7:00 PM Bingo (CA) 7:00 PM Monday Night Movie... (MR)	10 Tuesday 9:00 AM Mind Muscle Motion (CMA) 10:00 AM Sewing For Others (AC) 10:00 AM Learning in Retire... (MR) 10:00 AM Aqua Barre (TP) 10:00 AM Canasta! (CR) 10:00 AM Balance and Core (CMA) 10:45 AM Learning in Retire... (MR) 11:00 AM Chair Yoga (CMA) 1:00 PM Independent Therap... (TP) 3:00 PM Music with Tom Fisch (CA) 7:00 PM Tuesday Night Fore... (MR)	11 Wednesday 8:00 AM Let's Get Fit (CMA) 9:00 AM Splash Fit (TP) 9:00 AM Shopping at Publix (CD) 9:00 AM Power Up (CMA) 10:00 AM Mini Resin Martini... (AC) 10:00 AM Aqua Aerobics (TP) 10:00 AM Floor Meditation a... (CRB) 10:00 AM Functionality and ... (CMA) 11:00 AM Seated Strength (CMA) 1:00 PM Bible Study with J... (AC) 2:30 PM Ballroom Dancing: ... (DR) 3:00 PM Mahjong (CR) 7:00 PM Duplicate Bridge (CA) 7:00 PM Wednesday Night Fo... (MR)	12 Thursday 9:00 AM Mind Muscle Motion (CMA) 10:00 AM Balance and Core (CMA) 10:00 AM Learning in Retire... (MR) 10:00 AM Aqua Barre (TP) 10:30 AM Dickens' Carolers ... (AC) 10:45 AM Learning in Retire... (MR) 11:00 AM Chair Yoga (CMA) 1:00 PM Independent Therap... (TP) 1:45 PM Tour of White Oaks... (CD) 2:00 PM Sing Along (MLC) 3:00 PM Bears and Bulls Me... (AC) 6:45 PM Greenville Theatre... (CD)	13 Friday 8:00 AM Energize with a Wa... (CVL) 8:00 AM Let's Get Fit (CMA) 9:00 AM Power Up (CMA) 9:00 AM Splash Fit (TP) 10:00 AM Floor Meditation a... (CRB) 10:00 AM Functionality and ... (CMA) 10:00 AM Aqua Aerobics (TP) 11:00 AM Seated Strength (CMA) 1:30 PM Woodlands Stitchin... (AC) 3:30 PM Happy Hour (CA) 7:00 PM Friday Night Movie... (MR)	14 Saturday 10:00 AM My Neighbor's Voic... (DR) 11:15 AM Furman Basketball ... (CD) 2:00 PM Ping Pong/ Yard Ga... (CA) 6:00 PM Foothills Philharm... (CD) 6:45 PM Greenville Choral... (CD) 7:00 PM Saturday Night Mov... (MR)
15 Sunday 2:00 PM Ping Pong/ Yard Ga... (CA) 2:15 PM Warehouse Theatre ... (CD) 2:30 PM Furman Music Prese... (CD) 4:30 PM Furman Music Prese... (CD) 7:00 PM Sunday Night Movie... (MR)	16 Monday 8:00 AM Let's Get Fit (CMA) 9:00 AM Splash Fit (TP) 9:00 AM Power Up (CMA) 10:00 AM Aqua Aerobics (TP) 10:00 AM Functionality and ... (CMA) 10:00 AM Floor Meditation a... (CRB) 10:30 AM Dickens' Carolers ... (AC) 11:00 AM Seated Strength (CMA) 2:00 PM Healing After Loss... (S) 2:00 PM Prime Time Tappers (CRB) 3:00 PM Monthly Town Hall (CA) 3:00 PM Mahjong (CR) 4:30 PM HollyWild Magic Of... (CD) 6:30 PM Smooth Jazz Concer... (CA) 7:00 PM Monday Night Movie... (MR)	17 Tuesday 9:00 AM Mind Muscle Motion (CMA) 10:00 AM Sewing For Others (AC) 10:00 AM Aqua Barre (TP) 10:00 AM Balance and Core (CMA) 10:00 AM Learning in Retire... (MR) 10:00 AM Canasta! (CR) 10:45 AM Learning in Retire... (MR) 11:00 AM Chair Yoga (CMA) 1:00 PM Independent Therap... (TP) 1:30 PM Flower Arranging (AC) 3:45 PM Tales of History w... (CA) 7:00 PM The Woodland Singe... (CA) 7:00 PM Tuesday Night Fore... (MR)	18 Wednesday 8:00 AM Let's Get Fit (CMA) 9:00 AM Power Up (CMA) 9:00 AM Splash Fit (TP) 9:00 AM Shopping at Publix (CD) 10:00 AM Aqua Aerobics (TP) 10:00 AM Floor Meditation a... (CRB) 10:00 AM Functionality and ... (CMA) 11:00 AM Seated Strength (CMA) 1:00 PM Bible Study with J... (AC) 3:00 PM Mahjong (CR) 6:00 PM Furman Basketball ... (CD) 7:00 PM Wednesday Night Fo... (MR)	19 Thursday 9:00 AM Mind Muscle Motion (CMA) 10:00 AM Balance and Core (CMA) 10:00 AM Aqua Barre (TP) 10:00 AM Learning in Retire... (MR) 10:30 AM Dickens' Carolers ... (AC) 10:45 AM Learning in Retire... (MR) 11:00 AM Chair Yoga (CMA) 11:30 AM Flat Rock Playhous... (CD) 1:00 PM Independent Therap... (TP) 2:00 PM Fire Safety Awareness (CA) 2:00 PM Sing Along (MLC) 7:00 PM Herring Chamber En... (CA)	20 Friday 8:00 AM Let's Get Fit (CMA) 8:00 AM Energize with a Wa... (CVL) 9:00 AM Power Up (CMA) 9:00 AM Splash Fit (TP) 10:00 AM Floor Meditation a... (CRB) 10:00 AM Functionality and ... (CMA) 10:00 AM Aqua Aerobics (TP) 11:00 AM Seated Strength (CMA) 1:30 PM Woodlands Stitchin... (AC) 3:30 PM Holiday Cookie Exc... (CA) 7:00 PM Friday Night Movie... (MR)	21 Saturday 10:00 AM My Neighbor's Voic... (DR) 10:30 AM Book Club (CA) 2:00 PM Ping Pong/ Yard Ga... (CA) 7:00 PM Saturday Night Mov... (MR)

