



2025 Calendar January 01 - 18

Independent Living



Physical



Social



Environmental



Financial



Spiritual



Intellectual



Emotional



Vocational

01 Wednesday

- 9:00 AM Shopping at Publix (CD)
- 5:00 PM Hanukkah Candle Li... (ML)
- 7:00 PM Wednesday Night Fo... (MR)

02 Thursday

- 9:00 AM Mind Muscle Motion (CMA)
- 10:00 AM Aqua Barre (TP)
- ~~10:00 AM Balance and Core (CMA)~~
- 11:00 AM Chair Yoga (CMA)
- 1:00 PM Independent Therap... (TP)
- 1:30 PM Flower Arranging (AC)
- ~~2:00 PM Sing Along (MLC)~~

03 Friday

- 8:00 AM Let's Get Fit (CMA)
- 8:00 AM Energize with a Wa... (CVL)
- 9:00 AM Splash Fit (TP)
- 9:00 AM Power Up (CMA)
- 10:00 AM Floor Meditation a... (CRB)
- 10:00 AM Aqua Aerobics (TP)
- 10:00 AM Functionality and ... (CMA)
- 11:00 AM Seated Strength (CMA)
- 7:00 PM Friday Night Film:... (MR)

04 Saturday

- 10:00 AM My Neighbor's Voic... (DR)
- 2:00 PM Ping Pong/ Yard Ga... (CA)
- 7:00 PM Saturday Night Fil... (MR)

05 Sunday

- 2:00 PM Ping Pong/ Yard Ga... (CA)
- 4:00 PM Third Floor Meetin... (CA)
- 7:00 PM Sunday Night Movie... (MR)

06 Monday

- 8:00 AM Let's Get Fit (CMA)
- 9:00 AM Power Up (CMA)
- ~~9:00 AM Splash Fit (TP)~~
- 10:00 AM Floor Meditation a... (CRB)
- ~~10:00 AM Aqua Aerobics (TP)~~
- 10:00 AM Functionality and ... (CMA)
- 11:00 AM Seated Strength (CMA)
- 2:00 PM Prime Time Tappers (CA)
- 2:00 PM Healing After Loss... (S)
- 3:00 PM A Balancing Act: F... (CRB)
- 3:00 PM Mahjong (CR)
- 3:30 PM "Musical Memories"... (MLC)
- 6:30 PM Smooth Jazz Concer... (CA)
- 7:00 PM Monday Night Movie... (MR)

07 Tuesday

- 9:00 AM Mind Muscle Motion (CMA)
- 10:00 AM Balance and Core (CMA)
- ~~10:00 AM Aqua Barre (TP)~~
- 10:00 AM Canasta (CR)
- 10:00 AM Sewing for Others (AC)
- 11:00 AM Chair Yoga (CMA)
- ~~1:00 PM Independent Therap... (TP)~~
- 2:00 PM The Arboretum: Exp... (CA)
- 4:00 PM Aqua HIIT (TP)
- 7:00 PM Tuesday Foreign Fi... (MR)

08 Wednesday

- 8:00 AM Let's Get Fit (CMA)
- 9:00 AM Splash Fit (TP)
- 9:00 AM Power Up (CMA)
- 9:00 AM Shopping at Publix (CD)
- 10:00 AM Floor Meditation a... (CRB)
- 10:00 AM Aqua Aerobics (TP)
- 10:00 AM Functionality and ... (CMA)
- 11:00 AM Seated Strength (CMA)
- 2:30 PM Intro To Dance: Wa... (DR)
- 3:00 PM Resident Council M... (CA)
- 3:00 PM Mahjong (CR)
- 7:00 PM Wednesday Foreign ... (MR)
- 7:00 PM Duplicate Bridge (CA)

09 Thursday

- 9:00 AM Mind Muscle Motion (CMA)
- 10:00 AM Balance and Core (CMA)
- 10:00 AM Aqua Barre (TP)
- 11:00 AM Chair Yoga (CMA)
- 12:15 PM Lunch with Furman ... (CD)
- 1:00 PM Independent Therap... (TP)
- 2:00 PM Sing Along (MLC)
- 3:00 PM Bears and Bulls Me... (AC)
- 4:00 PM Aqua HIIT (TP)
- 7:00 PM Thursday Night Mov... (MR)

10 Friday

- 8:00 AM Let's Get Fit (CMA)
- ~~8:00 AM Energize with a Wa... (CVL)~~
- 9:00 AM Splash Fit (TP)
- 9:00 AM Power Up (CMA)
- 10:00 AM Functionality and ... (CMA)
- 10:00 AM Aqua Aerobics (TP)
- 10:00 AM Floor Meditation a... (CRB)
- 11:00 AM Seated Strength (CMA)
- 1:30 PM Woodlands Stitchin... (AC)
- 4:00 PM Happy Hour (MLC)
- 7:00 PM Friday Night Film:... (MR)

11 Saturday

- 10:00 AM My Neighbor's Voic... (DR)
- 2:00 PM Ping Pong/ Yard Ga... (CA)
- 4:00 PM Snow & Sip Happy Hour (MLC)
- 4:30 PM NFL Playoff: Texan... (MLC)
- 7:00 PM Saturday Night Fil... (MR)
- 8:00 PM NFL Playoff- Steel... (MLC)

12 Sunday

- 2:00 PM Ping Pong/ Yard Ga... (CA)
- 7:00 PM Sunday Night Movie... (MR)

13 Monday

- 8:00 AM Let's Get Fit (CMA)
- 9:00 AM Splash Fit (TP)
- 9:00 AM Power Up (CMA)
- 10:00 AM Aqua Aerobics (TP)
- 10:00 AM Floor Meditation a... (CRB)
- 10:00 AM Functionality and ... (CMA)
- 10:30 AM Colorful Winter La... (AC)
- 11:00 AM Seated Strength (CMA)
- 2:00 PM Prime Time Tappers (CA)
- 2:00 PM Healing After Loss... (S)
- 2:00 PM Tech Help with Bil... (MLC)
- 3:00 PM Mahjong (CR)
- 4:00 PM Everyone Has A Sto... (CA)
- 6:00 PM Furman Basketball ... (CD)
- 7:00 PM Monday Night Movie... (MR)

14 Tuesday

- 9:00 AM Mind Muscle Motion (CMA)
- 10:00 AM Sewing for Others (AC)
- 10:00 AM Canasta (CR)
- 10:00 AM Aqua Barre (TP)
- 10:00 AM Balance and Core (CMA)
- 11:00 AM Chair Yoga (CMA)
- 1:00 PM Independent Therap... (TP)
- 1:30 PM Flower Arranging (AC)
- 3:00 PM Music with Tom Fisch (CA)
- 4:00 PM Aqua HIIT (TP)
- 7:00 PM Tuesday Night Fore... (MR)

15 Wednesday

- 8:00 AM Let's Get Fit (CMA)
- 9:00 AM Splash Fit (TP)
- 9:00 AM Power Up (CMA)
- 9:00 AM Shopping at Publix (CD)
- 10:00 AM Functionality and ... (CMA)
- 10:00 AM Aqua Aerobics (TP)
- 11:00 AM Seated Strength (CMA)
- 1:00 PM Bible Study with J... (AC)
- 3:00 PM Monthly Town Hall (CA)
- 3:00 PM Mahjong (CR)
- 6:15 PM Furman Basketball ... (CD)
- 7:00 PM Wednesday Night Fo... (MR)

16 Thursday

- 9:00 AM Mind Muscle Motion (CMA)
- 10:00 AM Balance and Core (CMA)
- 10:00 AM Aqua Barre (TP)
- 11:00 AM Chair Yoga (CMA)
- 1:00 PM Independent Therap... (TP)
- 2:00 PM Fire Safety Awareness (CA)
- 2:00 PM Sing Along (MLC)
- 4:00 PM Aqua HIIT (TP)
- 4:45 PM Fred Wood Art Rece... (CD)
- 7:00 PM Thursday Night Mov... (MR)

17 Friday

- ~~8:00 AM Energize with a Wa... (CVL)~~
- 8:00 AM Let's Get Fit (CMA)
- 9:00 AM Splash Fit (TP)
- 9:00 AM Power Up (CMA)
- 10:00 AM Floor Meditation a... (CRB)
- 10:00 AM Functionality and ... (CMA)
- 10:00 AM Aqua Aerobics (TP)
- 11:00 AM Seated Strength (CMA)
- 1:30 PM Woodlands Stitchin... (AC)
- 3:30 PM Dave's Trivia at H... (CA)
- 6:15 PM Chanticleer (CD)
- 7:00 PM Friday Night Film:... (MR)

18 Saturday

- ~~10:00 AM My Neighbor's Voic... (DR)~~
- 10:30 AM Book Club (CA)
- 11:15 AM Furman Basketball ... (CD)
- ~~1:15 PM "A Beautiful Noise..." (CD)~~
- 1:15 PM Peace Center Prese... (CD)
- 2:00 PM Ping Pong/ Yard Ga... (CA)
- 7:00 PM Saturday Night Fil... (MR)

1 more event



2025 Calendar - January 19 - 31

Independent Living



Physical



Social



Environmental



Financial



Spiritual



Intellectual



Emotional



Vocational

19 Sunday	20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday	25 Saturday
<ul style="list-style-type: none"> 2:00 PM Ping Pong/ Yard Ga... (CA) 2:15 PM Music on Sunday at... (CD) 7:00 PM Sunday Night Movie... (MR) 	<ul style="list-style-type: none"> 8:00 AM Let's Get Fit (CMA) 9:00 AM Power Up (CMA) 9:00 AM Splash Fit (TP) 10:00 AM Floor Meditation a... (CRB) 10:00 AM Aqua Aerobics (TP) 10:00 AM Functionality and ... (CMA) 10:30 AM Colorful Winter La... (AC) 11:00 AM Seated Strength (CMA) 2:00 PM Healing After Loss... (S) 2:00 PM Prime Time Tappers (CA) 3:00 PM Mahjong (CR) 7:00 PM Monday Night Movie... (MR) 	<ul style="list-style-type: none"> 9:00 AM Mind Muscle Motion (CMA) 10:00 AM Canasta (CR) 10:00 AM Aqua Barre (TP) 10:00 AM Balance and Core (CMA) 10:00 AM Sewing for Others (AC) 11:00 AM Chair Yoga (CMA) 1:00 PM Independent Therap... (TP) 4:00 PM Aqua HIIT (TP) 7:00 PM Tuesday Night Fore... (MR) 	<ul style="list-style-type: none"> 8:00 AM Let's Get Fit (CMA) 9:00 AM Splash Fit (TP) 9:00 AM Shopping at Publix (CD) 9:00 AM Power Up (CMA) 10:00 AM Functionality and ... (CMA) 10:00 AM Aqua Aerobics (TP) 11:00 AM Seated Strength (CMA) 1:00 PM Bible Study with J... (AC) 2:30 PM Ballroom Dancing: ... (DR) 3:00 PM Mahjong (CR) 4:00 PM Get to know Dr. Pe... (CA) 7:00 PM Duplicate Bridge (CA) 7:00 PM Wednesday Night Fo... (MR) 	<ul style="list-style-type: none"> 9:00 AM Mind Muscle Motion (CMA) 10:00 AM Aqua Barre (TP) 10:00 AM Balance and Core (CMA) 10:30 AM Napkin Mason Jar L... (AC) 11:00 AM Chair Yoga (CMA) 11:00 AM Haywood Mall / Foo... (CD) 1:00 PM Independent Therap... (TP) 2:00 PM Sing Along (MLC) 4:00 PM Aqua HIIT (TP) 	<ul style="list-style-type: none"> 8:00 AM Let's Get Fit (CMA) 8:00 AM Energize with a Wa... (CVL) 9:00 AM Splash Fit (TP) 9:00 AM Power Up (CMA) 10:00 AM Functionality and ... (CMA) 10:00 AM Aqua Aerobics (TP) 10:00 AM Floor Meditation a... (CRB) 11:00 AM Seated Strength (CMA) 1:30 PM Woodlands Stitchin... (AC) 3:30 PM Happy Hour (CA) 7:00 PM Friday Night Film:... (MR) 	<ul style="list-style-type: none"> 10:00 AM My Neighbor's Voic... (DR) 2:00 PM Ping Pong/ Yard Ga... (CA) 7:00 PM Saturday Night Fil... (MR)
26 Sunday	27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday	Location
<ul style="list-style-type: none"> 1:15 PM Greenville Symphon... (CD) 2:00 PM Ping Pong/ Yard Ga... (CA) 7:00 PM Sunday Night Movie... (MR) 	<ul style="list-style-type: none"> 8:00 AM Let's Get Fit (CMA) 9:00 AM Power Up (CMA) 9:00 AM Splash Fit (TP) 10:00 AM Floor Meditation a... (CRB) 10:00 AM Aqua Aerobics (TP) 10:00 AM Functionality and ... (CMA) 10:30 AM Colorful Winter La... (AC) 11:00 AM Seated Strength (CMA) 2:00 PM Healing After Loss... (S) 2:00 PM Prime Time Tappers (CA) 3:00 PM Mahjong (CR) 3:30 PM This Caught My Eye (CA) 7:00 PM Monday Night Movie... (MR) 	<ul style="list-style-type: none"> 9:00 AM Mind Muscle Motion (CMA) 10:00 AM Canasta (CR) 10:00 AM Balance and Core (CMA) 10:00 AM Sewing for Others (AC) 10:00 AM Aqua Barre (TP) 11:00 AM Chair Yoga (CMA) 1:00 PM Independent Therap... (TP) 1:30 PM Flower Arranging (AC) 4:00 PM Aqua HIIT (TP) 7:00 PM Faculty Recital: D... (CD) 7:00 PM Tuesday Night Fore... (MR) 	<ul style="list-style-type: none"> 8:00 AM Let's Get Fit (CMA) 9:00 AM Splash Fit (TP) 9:00 AM Shopping at Walmart (CD) 9:00 AM Power Up (CMA) 10:00 AM Functionality and ... (CMA) 10:00 AM Aqua Aerobics (TP) 11:00 AM Seated Strength (CMA) 1:00 PM Bible Study with J... (AC) 3:00 PM Mahjong (CR) 6:15 PM Furman Basketball ... (CD) 7:00 PM Wednesday Night Fo... (MR) 	<ul style="list-style-type: none"> 9:00 AM Mind Muscle Motion (CMA) 10:00 AM Aqua Barre (TP) 10:00 AM Balance and Core (CMA) 11:00 AM Chair Yoga (CMA) 1:00 PM Independent Therap... (TP) 2:00 PM Sing Along (MLC) 4:00 PM Aqua HIIT (TP) 6:00 PM Merz Trio at The ... (CD) 	<ul style="list-style-type: none"> 8:00 AM Let's Get Fit (CMA) 8:00 AM Energize with a Wa... (CVL) 9:00 AM Splash Fit (TP) 9:00 AM Power Up (CMA) 10:00 AM Floor Meditation a... (AC) 10:00 AM Functionality and ... (CMA) 10:00 AM Aqua Aerobics (TP) 11:00 AM Seated Strength (CMA) 1:30 PM Woodlands Stitchin... (AC) 3:30 PM Happy Hour (CA) 7:00 PM Friday Night Film:... (MR) 	<p>AC Arts & Crafts Room</p> <p>CA Camellia Room</p> <p>CD Concierge Desk (TRAVEL)</p> <p>CMA Camellia Room A</p> <p>CR Card Room</p> <p>CRB Camellia Room B</p> <p>CVL Community Village Lobby</p> <p>DR Evergreen Dining Room</p> <p>ML Main Lobby</p> <p>MLC Mary Lou's Cafe</p>
Location						
MR Media Room						
S Solarium						
TP Therapy Pool						